



You are scheduled for an appointment with our Sleep Disorder Center.

Consultation Appointment

Please bring:

- Sleep history questionnaire
- Insurance card and copay, if applicable to your insurance.
- Photo identification
- List of medications
- Copies of medical records, if requested

This appointment may last 30 to 60 minutes.

We want your visit to our sleep center to be as comfortable as possible.

If you would like a tour of the sleep center prior to your study, call 503.353.1272 to schedule a time for the tour. In addition, please let us know if you have any special needs for this appointment.

A map to the sleep center can be found at nwsleephealth.com/contact-us/.

We know life gets busy, but we do request a 24 hour notice for cancellations. In the event that an office visit or consultation is missed without a cancellation call to us, there will be a \$40 charge to your account.

Thank you,

Northwest Sleep Health Staff